

# Viva India



**Viva India Report  
2018**

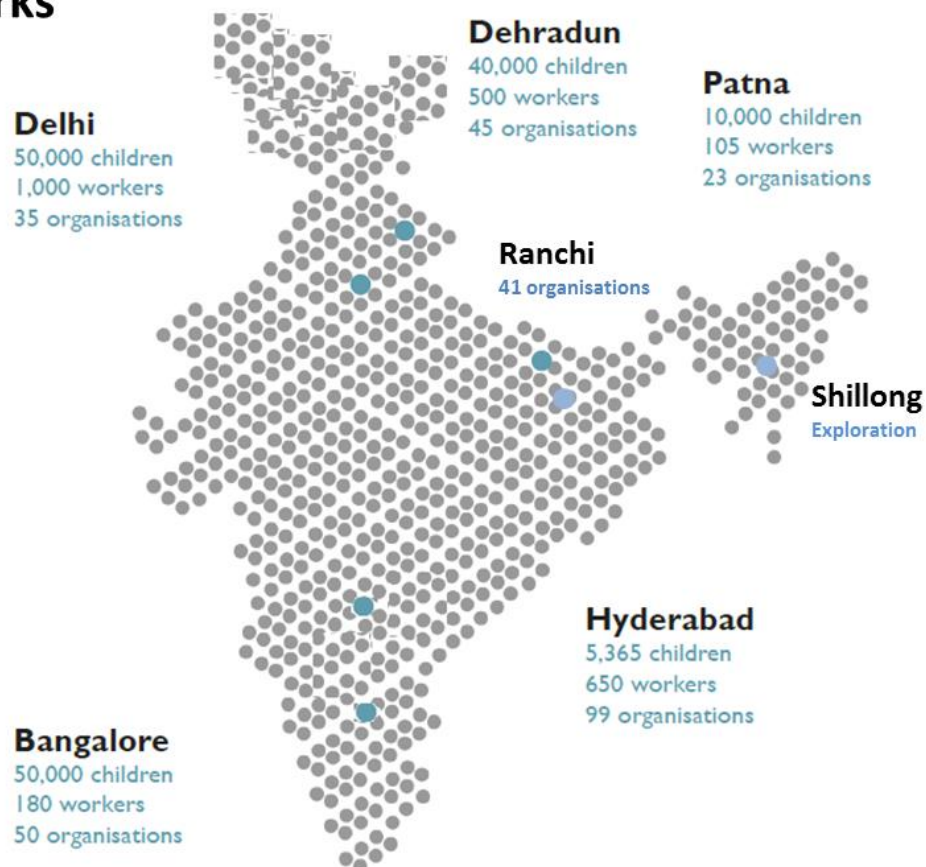
## Viva is all about life!

We are inspiring lasting change in children's lives through the power of collective action because our vision is to see children safe, well and fulfilling their God-given potential.

### Principal activity

Since 2007 till date, Viva India has formed networks of local NGOs and projects in Bengaluru, Delhi, Dehradun, Hyderabad, Patna, and Ranchi. Over 400 local organisations are connected through these networks. Each network is overseen by a Network Coordinator who is responsible for their day to day running and the practical implementation of their programmes.

## Networks



## PROGRAMS

### 1. The Mentoring Program - Life Skill Training and Counselling for adolescent girls in Delhi, Ranchi Patna and Dehradun for over 500 girls



By empowering girls with knowledge, increases confidence, self-esteem, and hope for the future – all of which are naturally low for them in a society that favors sons over daughters. When you spend time with girls you see a joy on their faces and a real hunger to learn.

One girl says: “I have learned that I am uniquely made. Before I was very conscious about my looks – I used to wonder how people see me and what they think about me – but after this training now I do not worry about these things – I know that I am a beautiful creation.”

Another said, “I always used to feel dejected when people said anything bad about me. It would impact me very badly. But here I have learned that, with low self-esteem, I was going nowhere in my life. I was taught how to make my self-esteem healthy, and the steps to take, and that helped me make changes in my life.”

Mentors Sarita and Sameer are fantastic role models for girls, as they open their home to them each week.

Sameer (below) said, “After seeing our work, local people have realised that we are trying to bring transformation to this society. School curriculums don’t cover these themes (and many girls are forced to drop out by late teenage years anyway). Families don’t share the facts of life either: most parents have a clear plan for their girl to be married early, and would rather they didn’t know such things.



“Families have great trust in our course because they know that whatever we are trying to teach them is for their good. Through the changed girls’ lives, even the lives of parents are changing. Yes, changes are definitely coming!”

“My dream is not only to have this programme in this place but to extend it to villages and cover the entire area.”

Sarita added, “My desire was to save girls from abuse. We are seeing transformation in the lives of girls as a result of our training programme, and this is very encouraging for us”

Video of mentors and girls benefiting by this project in Bihar - <https://youtu.be/rWud8IsS-jw> and in Dehradun - <https://youtu.be/FRpVv5EudpA>

**2. Child Protection**– The government of India is enforcing child protection standards for all school and child care institutions starting with government schools. However, there school authorities and teachers have limited understanding of child protection. The Viva child protection trainer working with government schools in Bangalore says, 'in some schools the teachers would be in denial at the beginning, saying 'child abuse doesn't happen at my school!' Because for them, abuse is only sexual abuse, during training, teachers realise their actions may have been the cause of emotional abuse or neglect. Some confess this and once they realise it they can start working on it.

To ensure maximum child protection, Viva has a customized program for schools and NGOs, which is based on the international standards of Keeping Children Safe Coalition – UK, Directorate of Education Delhi standards for school safety and the CBSE child safety guidelines. **Since 2010, Viva has trained more than 140 government and private schools, orphan homes, and NGOs on child protection practices and rules.**

**The child protection program** implementation in a school involves informing the school management about the process of developing the child protection policy. The school management is also made aware of the laws on child protection. The school teachers are trained on recognising child abuse and responding to child abuse. Sessions on the code of conduct with children are done with the teachers and the school support staff. Follow-up sessions with school counsellors on child mentoring and a session on positive discipline is also a part of the policy implementation. The Safe Touch Unsafe-Touch workshop is conducted with children to teach them to protect themselves from unsafe touch.



*Safe-Touch Unsafe-Touch session with school children*



**3. Quality Improvement System (QIS)** is a capacity building tool for NGOs that will lead to sustainable improvements in the provision of care for children. QIS is about helping organisations to meet statutory compliances in governance, child protection, HR, finance, budgeting, and planning.

So far, 32 organisations have been awarded QIS compliance certificates out of 54 that participated since 2010. **In the existing QIS training, 87 projects have enrolled for QIS in 6 network cities.**



The QIS trainer Sanjay Patra, Director FMSF says, 'Among the trainees in India and abroad, I found QIS group very participative and eager to learn about organizational governance and leadership. I am happy to do QIS training whenever needed.'

Dr. Susanna Sircar Principal, Doon SNEHA Academy says, 'QIS sessions have been very informative and fruitful for SNEHA and personally for me as well. As a principal, it helped me immensely with handling accounts with more understanding and accuracy. I am also able to handle my team of workers at the school in a better way. We have made several policies and very specified job description with the help of QIS trainings that has made the working environment more professional. Moreover, learning about various regulations of Government, details of FCRA, all these information made us well equipped with all the required necessary tools to run an NGO under the law, making it more outcome oriented.'

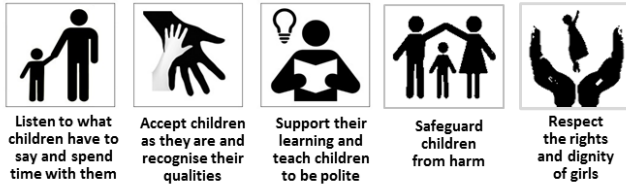


Finally, having the entire resource material in personal hard copy and soft copy with the contact details of specific resource people, for further reference was the icing on the cake. The entire QIS program has been a blessing for SNEHA and personally for me as well. Thank you!'

Well-established organisations like Salvation Army, Discipleship Centre, New Theological College and recent set-ups like PAVE and EFI-Salt Project have benefited from QIS programme.

**4. Children’s Good Treatment Campaign** – If we are to succeed in making our world more child-friendly then we have to start to influence the general public and begin to change attitudes and behaviours. The Children’s Good Treatment Campaign programme reaches into society through Children’s Good Treatment pledge cards and sign-up sheets. **Since the last two years, over 6000 parents, teachers, and adults have signed the children’s good treatment card in India.**

**FIVE WAYS TO TREAT CHILDREN WELL**



I AGREE to the five ways to treat children better. I will APPLY these principles whenever possible and I ASK my government to do the same.

Signed \_\_\_\_\_

Dated \_\_\_\_\_



**5. Children’s Party** - the city network members bring together children from their projects for a collaborative children’s event. The network members plan, resources and jointly organise the children’s event in their city. **More than 2,000 children from the slum and marginalised communities in the seven network cities of India participate in these events every year.**



**6. Service Providers**

**Delhi office facility** – Christian Medical Association of India, Janakpuri New Delhi

**Bangalore Network office facility-** Indian Social Institute, 24 Benson Town, Bangalore

**Accounting Services** - Basic Advisory Services Pvt Ltd

**KLC & Co** – Chartered Accountant